

# USATF INLAND NW MEETING

Sunday, September 20, 2020

Meeting called by:

Type of meeting: Association

Time: 1 p.m.

Location: Zoom/phone in

Attendees: Chris Lowe, Shannon Castelda, Heather Cotton, Jamie Cotton, Dave and Bessie Kolva, Doug Chandler, Robyn Doloughan, Carol Lewis, Debbie Nelson, Dru Lopez, Michael Hinz, Erik Mickelson, Matt Durkee, Jim Peterson, Michael Hinz, Linda Lanker

## MINUTES

Meeting is being recorded for future reference, and will be uploaded to website for those who would like to watch it.

\* Jamie called meeting to order at 1:10 p.m. ; emailed 2021 Budget Proposal to Association members

\* Jamie checking that everyone got a copy of the minutes for the last 2 meetings; Heather makes a motion that meeting minutes be approved as read, Jim seconds motion. Motion passed.

\* Board Reports

\* President/Jamie

\* Coaches education...USATF is doing all coaches education online indefinitely; anyone who is looking for Level 1/Level 2/re-certification can find it online. If registered, it should have automatically updated you as registered.

\* Annual meeting this year will be virtual, not in person. More information will be put out in the next couple weeks.

\* According to USATF Connect, we have 19,000 members, 12 delegates plus for every 1000 people, we can add 1 more person, for a total of 13 people for the annual meeting.

\* SafeSport chair has to be nominated for our Association, required by USATF. Dru asked if anyone had been found for that position; Doug had would be willing to take on the position. Association wanted to leave it to

anyone who might be open. Dru said he spoke to his associate doctor who said he might be interested in taking the position; asked Jamie to write up what the responsibilities would be so he could explain it better.

- \* Representative for the Women's Commission needed. Mike said it should be easy to find someone because there is not a lot of work associated with it. Not a requirement, just a request for each Association to designate someone to it.

- \* Credentials for the new website...Jamie can start working on the new and "improved" website; went through the training they had. If anyone is interested in working with Jamie, who is a "webmaster", they are welcome to. Nothing on the website has been updated yet, but Jamie now has access.

- \* Vice President/Doug

- \* Doug has nothing to add.

- \* Secretary/Chris

- \* Nothing to report

- \* Treasurer/Robyn

- \* Asked about statement of financial positions, not much money coming in or going out. Annual report to the state is due by October 30<sup>th</sup>, needs to put in any changes in board members.

- \* Do we want to go ahead and do insurance for people on board? Due Nov. 1<sup>st</sup>. Jamie said yes on insurance and Robyn will take care of it.

- \* Regional Coordinator/Mike

- \* As we start opening things up, USATF medical insurance/liability insurance do not cover communicable diseases. There is a potential liability if proper guidelines are not followed by practices.

- \* USATF championships cancelled

- \* \$20,000 in grants available from the accreditation sub-committee. These are available for associations to better help with accreditation, putting on officials clinics. If the money isn't used, they will possibly cut it out of the budget. If there are any good ideas to apply toward that grant, apply for it.

- \* USATF was pressured by US Olympic/Paralympic Committee to make changes in by-laws. Emergency meeting of Board of Directors. USATF Governance Handbook sent out (2 sent out), second sent had number of

revisions. USATF Auditor resigned, along with some board members; not sure if it was due to that issue or not.

- \* The Association's Horris Grove Award, two of them. One is for the officials. If you know of someone, please let Mike know. Somebody who has served for a long time, and done a lot of work for USATF.
- \* Mike is encouraged by USATF techs and think they have good intentions. If you have technology problems, contact the techs and get a ticket. They have a ticketing system for wait times. Main contact would be whoever is the communications chair/webmaster, usually the same person (the person who puts out email blasts).
- \* Annual meeting will be virtual, might be scheduled for Dec. 4<sup>th</sup> and 5<sup>th</sup> or the 5<sup>th</sup> and 6<sup>th</sup>. Would be good for our association to save money due to no travel and get our SafeSport coordinator with Madilyn (National SafeSport Coordinator); she is eager to get going on that position.
- \* ETAs established for the roll-out of several other IT projects including club finder and coach finder.
- \* Proposed that we change our by-laws to include SafeSport Coordinator to one of our board positions. Can just change the policy, which will eliminate extra work and advance notice.
- \* Was invited to online participation to the Oregon Association annual meeting, but their meeting is being held at the same time.
- \* WIAA is recommending that those schools that are participating in distance learning not have any extracurricular activities.

#### \* Chair Reports

##### \* Track and Field/Linda

- \* Did virtual meets for mens/womens; men had some virtual and some in person in TX. Put on USATV.
- \* Met with Track and Field Committee, still waiting. 40 athletes sent to Europe (on own).
- \* Hoping to have some indoor meets with safety protocols and virus numbers continue to trend downward.

- \* Trying to get a list of athletes in this area that are interested in competing in the Olympic Trials. Planning for everything to go in June—dates would be same as they would be this year. Putting together a list of those that qualified, not penalizing based on last year/this year.
- \* Started a track club team; had no issues, took safety protocols. Also had a kids camp...over 100 athletes sign up for USATF memberships.
- \* XC are looking at Circling Raven; a parent went and spoke with Chief Henry who will hopefully allow us to use Circling Raven for a XC meet in ID. Valley Flash will assist with a meet, as well as other parents.
- \* Talked to Coach Spatz at SFCC/SCC XC season postponed to March. No indoor meets. Local track meets only—Whitworth, Eastern, WSU, Gonzaga, Uofl.
- \* Valley Flash has association meet and have the right to move it/be involved. In order for it to be Association/Championships, Valley Flash has to be involved or it would just be a meet. Jamie can talk more with Linda about this to get this XC meet go forward. USATF has put out instructions for operating XC meets to coordinate with local health district. Valley Flash would still have Associations next year; cannot be negated.
- \* Race Walking/Dave
- \* Nothing to report
- \* LDR/Cross Country/Road Race/Substance Abuse/Jim
- \* Sent out notes to members
- \* USATF has chosen to not send a team to the World Half Marathon Championships in Poland.
- \* Within Mid-Columbia Conference, still cannot have face-to-face practice with athletes; getting closer. Everything is virtual—covering road race. Kennewick is only district that voted to go hybrid. Athletic directors are looking for ways to be able to do XC practices.
- \* Adult XC is on hold.

\* Youth Athletics/Heather

- \* Nationals still has not come out and said if there will be a Nationals race or not. Holly said Nationals has been awarded to the same people for next year. Talking with other Youth Chairs, everything for next year would be the same; will not take away a chance for someone to make money for their Association. Inland NW would still hold Track Regionals for next year. Can save money if we use CV next year instead of SFCC. All Inland NW teams would stay on same schedule voted in for next year. The Board needs to decide how they want to do meets and sanction them. Whoever puts on meet in ID, there is NO coverage for communicable disease and if someone gets sick and wants to come after who puts on the meet, they can be sued. Things would be done differently due to protocols/health safety standards.
- \* National office has been put out in conjunction with Athletic.net, virtual races and are up to each club. Clubs can put on virtual meets as well. Need to give kids an outlet for mental health.

\* Records/Bessie

- \* Youth records are updated through 9/1/2020. Can be published when we get the option.

?: At this point, the records have been kept in a few different ways. There are 2 columns for records, for youth...Association Championships and JO. A given athlete may have one record, but not the other. Should these two be merged so there is only 1 record? ...

Jamie...The way records should be the best performance from the Association, it should not matter what meet it came in. It shouldn't be separated; if a kid sets the record that is the record for the entire association. Should include records that are set at other meets.

Mike...Association records are JUST for that meet. JO records are for any meet. Recognition for the athlete that earns a record.

Bessie...one record, not two.

- \* Needs meet results for adults. If you have a meet and have those adult records available, get them to Bessie. If you are an adult and have competed in something, get those results to Bessie.

Jamie...it is on the responsibility of that individual to get the information to Bessie. It is not Bessie's job to keep track of every possible meet that is participated in.

\* Officials/Chris

\* Has been in talks with Pacific NW Association, form an officials database throughout the state. Want to form an officials committee with the WIAA to assign officials in the state of WA. It would be the responsibility of each association to print out ID badges and trained/credentialed. Would be USATF and high school level. Whoever is new Officials chair will receive printer and details on printing out badges.

\* Don't have to do apprentice level if they can prove they have certification/coaches, you can go to the association level. We do have certified officials within the association, but are not given the opportunity/information.

\* Mike...new program for officials will come through IT, Campaign Manager. Great opportunity with upcoming virtual meeting to talk to lots of different people. Lot broader representation in the national meeting.

\* Sports Medicine/Dru

\* Only update nationally is starting to put together Sports medicine team that travels nationally to indoor/outdoor meets. Indoor season for nationals was the first team that was chosen by USATF; same type of providers that are on the circuit that travel with the elite team. Dru was a part of the chiropractic side. Athletes more willing to be treated. Seemed to work very well. Spokane Sports Commission looking to put a bid for the different meets with USATF; will give us a stronger push to get the bids because of the medical side.

\* Jim...with USATF National XC in Victoria, B.C. athletes were very happy with trainers.

\* Course Certification/Marketing/Sports Commission/Equipment

\* Chris...all equipment is now in a storage unit. There are 3 keys which can be distributed to whom they need/want.

\* Old Business

- \* Heather...coming up with coaches manuals, waiting on information from Robin Beeman before she can put it all together.

## \* New Business

- \* Nominate SafeSport chair person

- \* Jamie...with new set-up through USATF Connect, everything there is your old SafeSport certification does not necessarily carry over so you might have to re-do it. Having this coordinator will make it easier to stay updated. It is now required we have a designated person. Doug has volunteered to be the chair person; information was sent to Dru for possibility of his associate doctor.

Do we want to give time for Dru's associate doctor to respond?

- \* Chris proposed making Doug the interim SafeSport coordinator. Can make the change at a later date if other party is interested. Jim seconded motion. All in favor, none opposed. Motion passed.

- \* Voting/Officers

- \* President

- \* Jamie will continue if no one else would like to take over.
- \* Voting closed. Motion was moved and seconded. Motion passed.

- \* Vice President

- \* Ashley expressed interest to continue as co-VP. Jamie has not heard anything from her about continuing or wants to step down.
- \* Doug is interested in continuing as co-VP.
- \* Mike nominates Doug and Ashley. No other people who would like take position. No objections. Moved and seconded. Motion passed.

- \* Secretary

- \* Heather nominates Shannon, who is willing. Jamie seconded. No objections. Moved and seconded. Motion passed.

- \* Treasurer

- \* Robyn is stepping down, position is open. Robyn will continue until someone replaces her as interim. Motion passed.

- \* Membership

- \* Edith would like to continue as Membership chair. Appointed position by the President, not elected position (according to Mike). Jamie chose to keep Edith as chair.
  
- \* Mens/Womens Track and Field
  - \* Linda would like to continue as chair. No other interest from other members. Jamie chose to keep Linda as chair.
  
- \* Masters
  - \* Linda would like to continue as chair. Has been working with Ashley on the national things coming up, nomination for getting another meet in a couple years. Robyn is also interested. Jamie appointed Linda and Robyn as chairs.
  
- \* Racewalking
  - \* Dave would like to continue as chair, unless someone else is interested in taking over. No other interest from other members. Jamie chose to keep Dave as chair.
  
- \* LDR/Substance Abuse/MUT
  - \* Jim would like to continue as chair. Robyn has offered to assist. No other interest from other members. Jamie chose to appoint Robyn and Jim as chair.
  
- \* Records
  - \* Bessie would like to continue as chair. No other interest from other members. Jamie chose to keep Bessie as chair.
  
- \* Officials
  - \* Chris is stepping down. Linda offered to work with Jamie in chairing the officials. Jamie appointed Linda to help him as chair.
  
- \* Sports Medicine
  - \* Dru is willing to continue as chair. No other interest from other members. Jamie chose to keep Dru as chair.
  
- \* Para Sports
  - \* Theresa's involvement has been limited and Para has started to become its own thing. Is anyone interested in working on that? Robyn suggested her son might be interested possibly (he is on the EWU wheelchair basketball team). Would be nice to have a point of contact, do not have to have a chair person.



- \* Youth Chair
  - \* Heather is willing to continue to chair. Has a person who is interested in assisting. Jamie appointed Heather to continue as chair.
  
- \* Coaches Education
  - \* Chris is stepping down as chair; not a lot going on. Person is responsible for the coaches to get their education, which currently is all virtual. Need a liaison between our association and the national office. Jamie will not worry about appointing a person because this is virtual; will work on finding somebody to fill this chair.
  
- \* Sanctions
  - \* Chris is stepping down as chair. Jamie will have Chris work on getting Jamie up to speed on this, unless anyone else is interested in chairing. Jamie has appointed himself as chair.
  
- \* Webmaster/Communications
  - \* Chris is stepping down. Jamie would like to have someone who is computer savvy and would like to take this on. Jamie will work on this for now, but is looking for someone to take this chair position.
  
- \* Equipment
  - \* Chris is stepping down as chair. Jamie would prefer someone from Spokane. Have Spokane clubs ask their club members if someone is willing to take this position on.
  
- \* Voting/National Convention delegates/Nomination
  - \* Schedules need to be put out to know what is being offered at the National convention. The association will pay for registrations. We can get more people registered for this meeting if people are interested in checking it out. The entire convention will be virtual, NOTHING in person and no Zoom calls from a central location. If anybody is interested, once looking at the schedule, we would like them to attend. Jamie will make the schedule available. Convention will be compressed into 2 days.
  
  - \* Interested: Heather, Linda, Jamie, Jim, Dave, Bessie, Mike. Jamie will leave this list open so we can add more names as more information becomes available.

\* 2021 Budget

- \* Jamie emailed proposed 2021 Budget. Because our numbers this year don't reflect "normal", kept 2019's numbers as seen in the past. What was approved in last year's budget was the hosting of Regionals. Discussed hosting a XC meet for open and masters divisions. More revenue due to hosting Regionals this year.
- \* Jamie will update and re-send budget. Changed the allotment for convention. Put together an estimate about convention costs. Have to have this done before the next meeting. Robyn proposes Mike or Doug come up with a budget and get consensus. Chris...as long as something in place and the board has voted on it; has to be done by January 1<sup>st</sup> to be submitted to national office. Doug... suggests putting in \$13,000 or \$14,000 as an estimation in the budget. Jamie has updated the number to \$13,000. Updated to \$14,000. Chris...the convention budget was never intended to cover every single person fully.
- \* Jamie would like to increase the number of delegates taken to convention and still cover what is currently covered. Costs may be over estimate in the current budget.
- \* No other changes in 2021 Budget.
- \* Chris moves to approve budget as is with updated numbers. Mike seconded motion. Motion passed.
- \* Master Athlete Nomination
  - \* Chris asked why there was only a Masters award awarded. Mike answered as an incentive for more Masters athletes to come out and participate; award is for the athlete for their performance and work done for furthering the Association (coaching, officiating, etc.). Does not have to be awarded every year.
  - \* Linda suggested we don't award this year and wait for next year with the upcoming Masters in Spokane next year.
  - \* Still have not presented last year's award.
  - \* Linda makes a motion to not award it this year and to wait until next year. Jim seconded. Motion passed.
- \* Awarding of Association/JO Meets

- \* Because of COVID cancelling everything this year (2020) and National meets are being transferred to next year, the meets will be moved to next year to be awarded.
- \* Dates will have to be re-visited because of high school schedule and working around Hoopfest, with a shortened June. Original Regional date meet was July 9-12 at SFCC. Association meet was June 13<sup>th</sup> at Gonzaga Prep. JO Meet June 20/21 in Tri Cities. XC meet was November 14<sup>th</sup>.
- \* Jim made the motion to hold off on setting dates until next meeting. Mike seconded motion. Motion passed.

#### \* Next Meeting Date

- \* Chris and Mike proposed February 28<sup>th</sup> as meeting date. Jim seconded it. Jamie would prefer the next meeting be in person. Discuss with Ashley if we can use their offices in Spokane at the Sports Commission offices. Chris proposed keeping it there and moving it to ID if we needed, and holding Zoom/call-in as well. There have been Zoom meetings paid for. If not able to hold it in person, will hold the meeting via Zoom/call-in. Mike suggested we also might want to push meeting further down the road because there might not be enough information. Can address this issue later if need be. Meeting will start at 1 p.m. Motion passed.

#### \* Adjournment

- \* Christ moved to adjourn meeting, Jim seconded it. Meeting was adjourned at 3:33 p.m.