**USATF INLAND NW MEETING**

Sunday, September 20, 2020

Meeting called by:

Type of meeting: Association

Time: 1 p.m.

Location: Zoom/phone in

Attendees: Chris Lowe, Shannon Castelda, Heather Cotton, Jamie Cotton, Dave and Bessie Kolva,

Doug Chandler, Robyn Doloughan, Carol Lewis, Debbie Nelson, Dru Lopez, Michael

Hinz, Erik Mickelson, Matt Durkee, Jim Peterson, Michael Hinz, Linda Lanker

MINUTES

Meeting is being recorded for future reference, and will be uploaded to website for those who would like to watch it.

\* Jamie called meeting to order at 1:10 p.m. ; emailed 2021 Budget Proposal to Association members

\* Jamie checking that everyone got a copy of the minutes for the last 2 meetings; Heather makes a motion that meeting minutes be approved as read, Jim seconds motion. Motion passed.

\* Board Reports

\* President/Jamie

\* Coaches education…USATF is doing all coaches education online indefinitely;

anyone who is looking for Level 1/Level 2/re-certification can find it online. If

registered, it should have automatically updated you as registered.

\* Annual meeting this year will be virtual, not in person. More information will

be put out in the next couple weeks.

\* According to USATF Connect, we have 19,000 members, 12 delegates plus for

every 1000 people, we can add 1 more person, for a total of 13 people for the

annual meeting.

\* SafeSport chair has to be nominated for our Association, required by USATF.

Dru asked if anyone had been found for that position; Doug had

would be willing to take on the position. Association wanted to leave it to

anyone who might be open. Dru said he spoke to his associate doctor who said

he might be interested in taking the position; asked Jamie to write up what the

responsibilities would be so he could explain it better.

\* Representative for the Women’s Commission needed. Mike said it should be

easy to find someone because there is not a lot of work associated with it. Not

a requirement, just a request for each Association to designate someone to it.

\* Credentials for the new website…Jamie can start working on the new and

“improved” website; went through the training they had. If anyone is

interested in working with Jamie, who is a “webmaster”, they are welcome to.

Nothing on the website has been updated yet, but Jamie now has access.

\* Vice President/Doug

\* Doug has nothing to add.

\* Secretary/Chris

\* Nothing to report

\* Treasurer/Robyn

\* Asked about statement of financial positions, not much money coming in

or going out. Annual report to the state is due by October 30th, needs to put

in any changes in board members.

\* Do we want to go ahead and do insurance for people on board? Due Nov. 1st.

Jamie said yes on insurance and Robyn will take care of it.

\* Regional Coordinator/Mike

\* As we start opening things up, USATF medical insurance/liability insurance

do not cover communicable diseases. There is a potential liability if proper

guidelines are not followed by practices.

\* USATF championships cancelled

\* $20,000 in grants available from the accreditation sub-committee. These are

available for associations to better help with accreditation, putting on officials

clinics. If the money isn’t used, they will possibly cut it out of the budget. If

there are any good ideas to apply toward that grant, apply for it.

\* USATF was pressured by US Olympic/Paralympic Committee to make

changes in by-laws. Emergency meeting of Board of Directors. USATF

Governance Handbook sent out (2 sent out), second sent had number of

revisions. USATF Auditor resigned, along with some board members; not

sure if it was due to that issue or not.

\* The Association’s Horris Grove Award, two of them. One is for the officials.

If you know of someone, please let Mike know. Somebody who has served

for a long time, and done a lot of work for USATF.

\* Mike is encouraged by USATF techs and think they have good intentions. If

you have technology problems, contact the techs and get a ticket. They have

a ticketing system for wait times. Main contact would be whoever is the

communications chair/webmaster, usually the same person (the person who

puts out email blasts).

\* Annual meeting will be virtual, might be scheduled for Dec. 4th and 5th or the

5th and 6th. Would be good for our association to save money due to no travel

and get our SafeSport coordinator with Madilyn (National SafeSport

Coordinator); she is eager to get going on that position.

\* ETAs established for the roll-out of several other IT projects including

club finder and coach finder.

\* Proposed that we change our by-laws to include SafeSport Coordinator to

one of our board positions. Can just change the policy, which will eliminate

extra work and advance notice.

\* Was invited to online participation to the Oregon Association annual

meeting, but their meeting is being held at the same time.

\* WIAA is recommending that those schools that are participating in distance

learning not have any extracurricular activities.

\* Chair Reports

\* Track and Field/Linda

\* Did virtual meets for mens/womens; men had some virtual and some in

person in TX. Put on USATV.

\* Met with Track and Field Committee, still waiting. 40 athletes sent to

Europe (on own).

\* Hoping to have some indoor meets with safety protocols and virus numbers

continue to trend downward.

\* Trying to get a list of athletes in this area that are interested in competing in

the Olympic Trials. Planning for everything to go in June—dates would be

same as they would be this year. Putting together a list of those that

qualified, not penalizing based on last year/this year.

\* Started a track club team; had no issues, took safety protocols. Also had a

kids camp…over 100 athletes sign up for USATF memberships.

\* XC are looking at Circling Raven; a parent went and spoke with Chief

Henry who will hopefully allow us to use Circling Raven for a XC meet in ID.

Valley Flash will assist with a meet, as well as other parents.

\* Talked to Coach Spatz at SFCC/SCC XC season postponed to March. No

indoor meets. Local track meets only—Whitworth, Eastern, WSU, Gonzaga,

UofI.

\* Valley Flash has association meet and have the right to move it/be involved.

In order for it to be Association/Championships, Valley Flash has to be

involved or it would just be a meet. Jamie can talk more with Linda about this

to get this XC meet go forward. USATF has put out instructions for operating

XC meets to coordinate with local health district. Valley Flash would still have

Associations next year; cannot be negated.

\* Race Walking/Dave

\* Nothing to report

\* LDR/Cross Country/Road Race/Substance Abuse/Jim

\* Sent out notes to members

\* USATF has chosen to not send a team to the World Half Marathon

Championships in Poland.

\* Within Mid-Columbia Conference, still cannot have face-to-face practice

with athletes; getting closer. Everything is virtual—covering road race.

Kennewick is only district that voted to go hybrid. Athletic directors are

looking for ways to be able to do XC practices.

\* Adult XC is on hold.

\* Youth Athletics/Heather

\* Nationals still has not come out and said if there will be a Nationals race or

not. Holly said Nationals has been awarded to the same people for next

year. Talking with other Youth Chairs, everything for next year would be

the same; will not take away a chance for someone to make money for their

Association. Inland NW would still hold Track Regionals for next year. Can

save money if we use CV next year instead of SFCC. All Inland NW teams

would stay on same schedule voted in for next year. The Board needs to

decide how they want to do meets and sanction them. Whoever puts on meet

in ID, there is NO coverage for communicable disease and if someone gets sick

and wants to come after who puts on the meet, they can be sued. Things would

be done differently due to protocols/health safety standards.

\* National office has been put out in conjunction with Athletic.net, virtual races

and are up to each club. Clubs can put on virtual meets as well. Need to give

kids an outlet for mental health.

\* Records/Bessie

\* Youth records are updated through 9/1/2020. Can be published when

we get the option.

?: At this point, the records have been kept in a few

different ways. There are 2 columns for records, for youth…Association

Championships and JO. A given athlete may have one record, but not the

other. Should these two be merged so there is only 1 record? …

Jamie…The way records should be the best performance from the Association, it should not matter what meet it came in. It shouldn’t be separated; if a kid

sets the record that is the record for the entire association. Should include

records that are set at other meets.

Mike…Association records are JUST for that meet. JO records are for any

meet. Recognition for the athlete that earns a record.

Bessie…one record, not two.

\* Needs meet results for adults. If you have a meet and have those adult

records available, get them to Bessie. If you are an adult and have competed

in something, get those results to Bessie.

Jamie…it is on the responsibility of that individual to get the information to

Bessie. It is not Bessie’s job to keep track of every possible meet that is

participated in.

\* Officials/Chris

\* Has been in talks with Pacific NW Association, form an officials database

throughout the state. Want to form an officials committee with the WIAA to

assign officials in the state of WA. It would be the responsibility of each

association to print out ID badges and trained/credentialed. Would be

USATF and high school level. Whoever is new Officials chair will receive

printer and details on printing out badges.

\* Don’t have to do apprentice level if they can prove they have certification/

coaches, you can go to the association level. We do have certified officials

within the association, but are not given the opportunity/information.

\* Mike…new program for officials will come through IT, Campaign Manager.

Great opportunity with upcoming virtual meeting to talk to lots of different

people. Lot broader representation in the national meeting.

\* Sports Medicine/Dru

\* Only update nationally is starting to put together Sports medicine team

that travels nationally to indoor/outdoor meets. Indoor season for nationals

was the first team that was chosen by USATF; same type of providers that

are on the circuit that travel with the elite team. Dru was a part of the

chiropractic side. Athletes more willing to be treated. Seemed to work very

well. Spokane Sports Commission looking to put a bid for the different

meets with USATF; will give us a stronger push to get the bids because of the

medical side.

\* Jim…with USATF National XC in Victoria, B.C. athletes were very happy with

trainers.

\* Course Certification/Marketing/Sports Commission/Equipment

\* Chris…all equipment is now in a storage unit. There are 3 keys which can be

distributed to whom they need/want.

\* Old Business

\* Heather…coming up with coaches manuals, waiting on information from Robin

Beeman before she can put it all together.

\* New Business

\* Nominate SafeSport chair person

\* Jamie…with new set-up through USATF Connect, everything there is your

old SafeSport certification does not necessarily carry over so you might have

to re-do it. Having this coordinator will make it easier to stay updated. It is

now required we have a designated person. Doug has volunteered to be the

chair person; information was sent to Dru for possibility of his associate

doctor.

Do we want to give time for Dru’s associate doctor to respond?

\* Chris proposed making Doug the interim SafeSport coordinator. Can make

the change at a later date if other party is interested. Jim seconded motion.

All in favor, none opposed. Motion passed.

\* Voting/Officers

\* President

\* Jamie will continue if no one else would like to take over.

\* Voting closed. Motion was moved and seconded. Motion passed.

\* Vice President

\* Ashley expressed interest to continue as co-VP. Jamie has not heard

anything from her about continuing or wants to step down.

\* Doug is interested in continuing as co-VP.

\* Mike nominates Doug and Ashley. No other people who would like

take position. No objections. Moved and seconded. Motion passed.

\* Secretary

\* Heather nominates Shannon, who is willing. Jamie seconded. No

objections. Moved and seconded. Motion passed.

\* Treasurer

\* Robyn is stepping down, position is open. Robyn will continue until

someone replaces her as interim. Motion passed.

\* Membership

\* Edith would like to continue as Membership chair. Appointed position

by the President, not elected position (according to Mike). Jamie chose

to keep Edith as chair.

\* Mens/Womens Track and Field

\* Linda would like to continue as chair. No other interest from other

members. Jamie chose to keep Linda as chair.

\* Masters

\* Linda would like to continue as chair. Has been working with Ashley

on the national things coming up, nomination for getting another meet

in a couple years. Robyn is also interested. Jamie appointed Linda and

Robyn as chairs.

\* Racewalking

\* Dave would like to continue as chair, unless someone else is interested

in taking over. No other interest from other members. Jamie chose to

keep Dave as chair.

\* LDR/Substance Abuse/MUT

\* Jim would like to continue as chair. Robyn has offered to assist. No

other interest from other members. Jamie chose to appoint Robyn and

Jim as chair.

\* Records

\* Bessie would like to continue as chair. No other interest from other

members. Jamie chose to keep Bessie as chair.

\* Officials

\* Chris is stepping down. Linda offered to work with Jamie in chairing

the officials. Jamie appointed Linda to help him as chair.

\* Sports Medicine

\* Dru is willing to continue as chair. No other interest from other

members. Jamie chose to keep Dru as chair.

\* Para Sports

\* Theresa’s involvement has been limited and Para has started to

become its own thing. Is anyone interested in working on that? Robyn

suggested her son might be interested possibly (he is on the EWU

wheelchair basketball team). Would be nice to have a point of contact,

do not have to have a chair person.

\* Youth Chair

\* Heather is willing to continue to chair. Has a person who is interested

in assisting. Jamie appointed Heather to continue as chair.

\* Coaches Education

\* Chris is stepping down as chair; not a lot going on. Person is

responsible for the coaches to get their education, which currently is

all virtual. Need a liaison between our association and the national

office. Jamie will not worry about appointing a person because this

is virtual; will work on finding somebody to fill this chair.

\* Sanctions

\* Chris is stepping down as chair. Jamie will have Chris work on

getting Jamie up to speed on this, unless anyone else is interested

in chairing. Jamie has appointed himself as chair.

\* Webmaster/Communications

\* Chris is stepping down. Jamie would like to have someone who is

computer savvy and would like to take this on. Jamie will work on

this for now, but is looking for someone to take this chair position.

\* Equipment

\* Chris is stepping down as chair. Jamie would prefer someone from

Spokane. Have Spokane clubs ask their club members if someone

is willing to take this position on.

\* Voting/National Convention delegates/Nomination

\* Schedules need to be put out to know what is being offered at the

National convention. The association will pay for registrations. We can

get more people registered for this meeting if people are interested in checking

it out. The entire convention will be virtual, NOTHING in person and no

Zoom calls from a central location. If anybody is interested, once looking at

the schedule, we would like them to attend. Jamie will make the schedule

available. Convention will be compressed into 2 days.

\* Interested: Heather, Linda, Jamie, Jim, Dave, Bessie, Mike. Jamie will leave

this list open so we can add more names as more information becomes

available.

\* 2021 Budget

\* Jamie emailed proposed 2021 Budget. Because our numbers this year don’t

reflect “normal”, kept 2019’s numbers as seen in the past. What was approved

in last year’s budget was the hosting of Regionals. Discussed hosting a XC

meet for open and masters divisions. More revenue due to hosting Regionals

this year.

\* Jamie will update and re-send budget. Changed the allotment for convention.

Put together an estimate about convention costs. Have to have this done before

the next meeting. Robyn proposes Mike or Doug come up with a budget and

get consensus. Chris…as long as something in place and the board has voted

on it; has to be done by January 1st to be submitted to national office. Doug…

suggests putting in $13,000 or $14,000 as an estimation in the budget. Jamie

has updated the number to $13,000. Updated to $14,000. Chris…the

convention budget was never intended to cover every single person fully.

\* Jamie would like to increase the number of delegates taken to convention and

still cover what is currently covered. Costs may be over estimate in the

current budget.

\* No other changes in 2021 Budget.

\* Chris moves to approve budget as is with updated numbers. Mike seconded

motion. Motion passed.

\* Master Athlete Nomination

\* Chris asked why there was only a Masters award awarded. Mike answered

as an incentive for more Masters athletes to come out and participate; award

is for the athlete for their performance and work done for furthering the

Association (coaching, officiating, etc.). Does not have to be awarded every

year.

\* Linda suggested we don’t award this year and wait for next year with the

upcoming Masters in Spokane next year.

\* Still have not presented last year’s award.

\* Linda makes a motion to not award it this year and to wait until next year.

Jim seconded. Motion passed.

\* Awarding of Association/JO Meets

\* Because of COVID cancelling everything this year (2020) and National meets

are being transferred to next year, the meets will be moved to next year to be

awarded.

\* Dates will have to be re-visited because of high school schedule and working

around Hoopfest, with a shortened June. Original Regional date meet was

July 9-12 at SFCC. Association meet was June 13th at Gonzaga Prep. JO Meet

June 20/21 in Tri Cities. XC meet was November 14th.

\* Jim made the motion to hold off on setting dates until next meeting. Mike

seconded motion. Motion passed.

\* Next Meeting Date

\* Chris and Mike proposed February 28th as meeting date. Jim seconded it. Jamie

would prefer the next meeting be in person. Discuss with Ashley if we can use

their offices in Spokane at the Sports Commission offices. Chris proposed keeping

it there and moving it to ID if we needed, and holding Zoom/call-in as well. There

have been Zoom meetings paid for. If not able to hold it in person, will hold

the meeting via Zoom/call-in. Mike suggested we also might want to push meeting

further down the road because there might not be enough information. Can address

this issue later if need be. Meeting will start at 1 p.m. Motion passed.

\* Adjournment

\* Christ moved to adjourn meeting, Jim seconded it. Meeting was adjourned at 3:33

p.m.