

USATF INLAND NW ASSOCIATION MEETING

Sunday, June 28, 2026

Location: ZOOM

Meeting Minutes

Start: 1:00 pm

End: 2:54 pm

Members Present: Zoom Meeting

Board Member Reports:

President - Paul Huffman

- Thank you all for attending. It is Shannon Castelda's birthday today, so I will be taking notes. Unfortunately, I stopped the Zoom meeting recording instead of pausing, so there ISN'T a video transcript of this meeting. Only my written notes. Sorry about that.
- Still working diligently with the National office to give key board chairs Connect80 access. My patience is running thin, but I won't stop hassling them.
- It has been fun for me to attend/officiate Association meets while also being able to meet in person so many INW members.

Vice President - Jon Hill

- Volunteers. We need to setup a schedule that keeps everyone in the know and updates them on when, where, how we can all help with officiating our meets.
- Inventory INW equipment. Include replacement prices, rental prices, etc. Jon would be willing to do this.
- Coaching Education Updates.

Level 1 will be online.

Level 2 will be a 2-day format. TBD.

- Is there interest in a USATF Pole Vault safety course? We should contact Tim Reilly @ NWPV to see about this. CWU would be willing to host.
- New EWU Track update? Nobody knows.

Secretary - [Shannon Castelda](#)

- No update/no report.
- Happy Birthday!

Treasurer - Edith Gomez

- Purchased new implements.

Regional Coordinator - Heather Cotton

- Volunteers. At Association, JO, Regional meets there needs to be a better utilized method to get people to help out. Without doing this, it will be difficult for clubs to host. Clubs/Members need to read the Bylaws to how they will be affected financially if they don't provide volunteers.
- Hotel rate special rates end 6/30/26.
- [athletic.net](#) mass email messages are not being received by all clubs/coaches.
- Code of Conduct needs to be worked on and followed along with the Chain of Command at meets. Otherwise, our Charter could be revoked as the National office shows up at random to our hosted meets.

Clubs/Membership - Hanah Redmond

- Still can't USATF Connect80 access.
Edith Gomez still has access, so they will work together.

Equipment/Marketing/Website - Chris Lowe

- INW website has now been updated.
Board members and their email addresses.
Bylaws, Financial reports, and Association minutes will be updated soon.
- Updated to larger (10'x15') Barker Rd. Storage unit. Moved in and inventoried Association equipment.
- Inventory list needs to be formatted with replacement costs, rental costs, etc so that it's accessible to Association members. Jon Hill volunteered to assist Chris Lowe in doing this task.

XC/MUT/RR/LDR - Matt Layten

- A Calendar of events needs to be created to help clubs find/attend local events.
Include on our Association website?
Why not just use athletic.net?
- Working to Expand his role in the Association.

Racewalk - Dave Kolva

- Had Newbies compete in our Association Championships.
4 in the JOs.
Darlend Backlund (Masters athlete) competed in the USATF NW Championships 5k. Great job!
- Would like someone else to take over this Board position.

Anyone interested?

- Would like to put on a Racewalk Clinic for new officials. Heather Cotton will look into this. Contact Linda Lanker for help with this since she is our Officials Coordinator.

Records - Bessie Kolva

- Will meet with Chris Lowe to update our Website.
Clubs/Coaches need to send Bessie Kolva, Heather Cotton, and/or Paul Huffman any record updates that may have been missed.

Safesport - [Bruce Bradley](#)

- Worked hard at our Association meets to put up signs. Many new ones, too!
- Code of Conduct. Would like to have 3 new signs addressing CoC to have in Spokane, Tri-Cities, and in the stands for parents to see as well.
- Bruce attends a National meeting every 6 weeks for updates.

Substance Abuse - [Hayley Gonzalez](#)

- No update/no report.

Youth Chair - [Chris Patterson](#)

- Thanked everyone for their patience during this Track season. Much appreciated!
- Successful Association, JO meets.
- Volunteers needed. Signup Genius worked OK, but still needs a lot of work.

How can we improve this?

- Waivers. How do they work?
 - a.) Must meet Extraordinary Circumstances. (Wedding = NO, Funeral = Maybe)

Something that Can't be planned (the National Youth Division at the Annual mtg stated this).

b.) Never can Displace a competitor that is competing at JO/Regional meet.

- XC dates are still be finalized.

Association meet is being held in Yakima/Tri-Cities/other with Matt Durkee volunteering to host.

Big Cross isn't big enough (Parking) for Regional meet.

NXR is on the same date as Regional meet. Over ½ of our would be runners won't be able to attend Regionals because of this (Matt Durkee).

Matt Durkee is writing up some new Proposal/Rule changes to address these issues because our Association/Region is being penalized.

a.) 30 individuals + 5 teams (when we run a Regional meet)

b.) 15 individuals + 2 teams (if we just compete as Associations)

Oregon/PNW won't agree to stopping Regional meet (Heather Cotton).

INW doesn't have a lot of competitors at the Regional meet, but Oregon/PNW does (Chris Patterson).

Officials/Sanctions/Men's+Women's TF - [Linda Lanker](#)

- Not sure why Certified Official badges are taking so long to arrive. She continues to work on the National office.

INW has 80 Certified officials vs. 25 (5 years ago).

8 new Nationally certified officials this year.

4 new Masters certified officials this year.

Had a great meeting with the U20 VP of Officials.

- Many athletes are not aware of being able to compete at National meets, so we need to do a better job communicating to them this opportunity.
- Sanctioned 72 meets this year.
- World Championships is the 1st week in August.

Linda will be conducting a clinic (TBD) during this competition. 2014 Eugene was the last time occurred.

New Business

- Volunteer opportunities. Running Track/XC meets is based on volunteers as there just isn't a lot of money to spend to properly entice officials to work these events. CWU (HC Jon Hill) is always looking for help at his meets. We may need to reach out to Companies/Businesses/Churches/Military to help get more volunteers.

Hannah Redmond volunteered to chair this work.

Linda Lanker has a list of Certified officials to help meet directors in contacting these people.

- SFCC track update. Resurfacing TBD, but waiting to see if Spokane Sports would piggyback on the costs.

Next meeting: September 20, 2026 at 4 pm via Zoom.

Paul Huffman will put together an Agenda that Shannon Castelda will format. Then, Chris Lowe will send out a mass email via USATF Connect80 30 days prior to this date.

Paul moved we adjourn the meeting, 2nd by Jon, passed unanimously.

Meeting adjourned at 2:54 pm

