

USATF, Inland Northwest
Sunday, February 08, 2015
Spokane Community College, Room 132

The meeting was called to order at 1:10

People in attendance: Chris Lowe (Youth Chair/Secretary/Webmaster), Shane Sorey (President), Dr. Drew Lopez (Sports medicine/Vice President), Ed Brandstoetner (Sanctions), Jason Cash (CCS T&F), Pete Schulch (Kroc Center), Debra Moore (Kroc Center), Carol Lewis (Spokane Mercury), Chuck Bowden (Valley Athletics), Alan Wardsworth (Valley Athletics), Geoff Arte (Valley Athletics), Jeff Schaller (Comets), Jim Peterson (3 Rivers Road Runners), Kate Samuelson (Tri City Thunder), Steve Kutsch (Vice President), Kim Kutsch (Memberships), Curt Ransford (Spokane Mercury/Equipment), David Greg (Parasport-Spokane), Teresa Skinner (Parasport chair), David Kolva (Racewalking), Bessie Kolva (Comets), Mike Hinz (Comets)

Shane sought a motion to move and second last meetings minutes, carried unanimously

Old Business

President's Report

Shane covered the rule changes. The rule changes that were adopted at the annual meeting are now posted on the USATF website. Shane said he would be placing an order for new rule books and to contact Shane or Chris for new rule books for 2015 within the next week.

Shane said last year, he put in for a technology grant and we were awarded \$2000. Shane said he was going to purchase an AED & 2 electronic measuring devices. Shane then asked for any additional electronic devices.

Shane mentioned an officials clinic will be held on March 14. He also stated that the safeSport training is now required.

Open/Masters

Jeff talked about rule changes for masters Track & Field.

LDR

Jim Peterson talked about having graduating seniors from college and trying to keep them in track and field. Date of birth Certification still needs to be done.

Regional Coordinator

Mike talked about the Association Standards. All the associations are suppose to meet certain standards. The national office made some rather ill-revised changes a few years ago. Most of our associations within our area are very small. Mike talked about what happens when you don't meet the requirements. The president then has to file a change for improvement. One of the requirements that

came through is at least 50% of your membership must be club memberships. The Montana association lost their president. They will be creating zones, They also peeled back some of the requirements and also drew back and won't be so hard on the littler associations. Mike then talked about the closing session and the voting/election to select the rep for the USATF to the IAAF. He talked about how the voting membership of all association voted for Bob Hirsh (84%), but the our vote didn't count. There has been 5 association that have written to the board of directors asking for the decision to be overturned. Mike said he wrote to the vice chair of the associations chair. Mike stated he probably has attended the last closing session at the national convention, due to how the closing session voting went.

Sports Medicine

Dr. Lopez talked about a study that was done for pre Olympic, during Olympics and post Olympics on sports physiology. So now having just one sports physiologist per team ,they are going to have multiple as they have seen the need for that. The pyramid that was discussed during his meeting can be found online on our website. Drew also said there was a presentation on hydration. He said it's amazing how kids during meets drink very little water. Everyone needs to be aware about the importance of hydration. Kim asked about Buteryl (inhaler) which has a banned substance. These items need to have a doctor's release. Mike Hinz made the recommendation to have all athletes that are attending national meets to go to their doctor to have a doctor's note. Kim asked Drew to give us a simplified list of the banned drugs in lehman's terms. Kim made the recommendation to have the form for nationals dealing in medication available on our website. Teresa Skinner said there is a app for the phones dealing in medications and simplifying the terms.

Sanctions

Not much to report from the national convention. He went to the racewalking and they need several judges at the national level to help with nationals.

Membership

Kim said we had 23 clubs, 9 were adult. 811 athletes total. Our youth numbers are down and adult is growing (365). So far, 257 athletes 149 youth and 148 adult for 2015.

ParaSport

Teresa talked about the title for athletics for disabled has now been changed to Para-athletics. They are adding events at J.O's this year, but those have not been confirmed. There will be a new component to the USATF level 1 component. Mike asked about a loaner wheelchair and equipment for disabled athletes. She said she does.

Youth Athletics

Chris turned the floor over to Scott Ward, Across the line timing. They use a bib chip. He said the chips can be reused. It's an overhead system, which is the primary system (4 antennas above head) and 4 secondary antennas as the backup. He also has a camera as a backup. Chris voiced his concern about having an overhead system as opposed to a ground system. Scott explained that his antennas are directly above the finishline.

Chris then turned the floor over to Chuck Bowden. Chuck then presented a proposal to the group. He stated they have hosted everything except a state meet. Chuck's proposal was to have the association host the association and regional meets, instead of one individual team hosting the meets. All costs for the meet come from INW and all monies coming in go to INW. Chuck said INW could potentially make \$50,000 but would take the complete infrastructure to do this. Kim stated that she has tried in the past to try and get clubs to send people to run an event and Chuck said the mentality of having clubs run a meet is not going to work. Chuck also explained that the officiating piece is to pay for officials. Chuck said we need to start building our officials base for field events. Chuck stated that Valley Athletics will not be hosting the Association meet. The bulk of the money comes from Coach O. Chuck did state they will be in the support role of helping run the meet, but would not take on the whole meet all by themselves, which the group agreed.

Chris then took the floor and discussed the rule changes that were proposed from the national convention. He stated that a pole vault collar for youth athletics was tabled until next year. All other rule changes can be found on the USATF website, as well as in the new youth guides. He also discussed that background checks can take up to 2 weeks to process, so get your background check done early. Chris also informed coaches that in order to login to the club management screens of USATF, coaches have to log out of their personal accounts before logging in to the club association management screens. He then discussed the SafeSport training and what it was about and how our association will move forward with the training to ensure all are trained in SafeSport by the deadline of October 31, 2015. He explained the first training will be on February 28 @ CV at 1:00 PM. He also explained that any coach, volunteer, official or anyone else who comes in direct contact with athletes will need to have the training. Multiple training sessions will be available throughout the year and coaches will also be able to take it online at their leisure if the training classes do not work out. Kim asked if when her and Chris go down to the Tri Cities to walk the Cross Country course to do a training down there for everyone and Chris agreed to do the training. Chris explained to the group if the training is taken as a group that no test will be administered. If anyone chooses to take it on their own that a test will have to be taken at the end in order to get the credit.

Chris then turned the floor over to Debra from the Kroc Center to talk about USATF's Run-Jump-Throw program. She stated they applied to host the run-jump-throw program. Hershey selected 6 sites in the U.S. and Hershey puts the event on and the Kroc Center was selected as one of those sites. Saturday, June 6th will be the date and 300-400 kids, 7-13 years old. She is hoping they will be able to offer a T-Shirt and snack available for free to all that attend, depending on funding. Shane inquired about a deadline on volunteers and she said they are working on that. Shane then inquired about advertising. Debra said USATF is working on advertising materials.

Chris then turned the floor over to Kate Samuelson of the Tri-City thunder to discuss the association and regional meets. Kate stated it was a real learning experience last year. She stated they went through a laundry list of items last month on notes from Chris, Kim & Shane. She asked for any feedback. Carol Lewis of Spokane Mercury brought up a concern about parking and if they close of the parking lot in front of the main event area, are there going to be several shuttles from the hotel area, being that would be the biggest parking area. Kate assured the group that enough shuttles will be working at that time. Kim Kutsch asked to have a drop-off area for kids to be dropped off in case a parent is running late and this will ensure a place to drop kids off to make sure they will make their race. Kate said they will make sure this is done. Hearing no more concerns, Chris asked for a motion to approve Tri City Thunder to host the association and regional meets. There was a motion and a second, motion carried. Kate will now begin the second half of getting the meets going.

The floor was then returned to Shane. Shane made a proposal to move \$1000 from the officials budget back to the general budget. The reason for this is the national office will be providing officials with shirts from their budget, rather than associations having to pay out of their budgets to get officials shirts, which this now frees up the \$1000 that Shane was given for officials. There was a motion and a second and the proposal carried unanimously.

Kim then explained the rebates to the clubs who renew their memberships. Our bylaws state that each team can receive \$3 per athlete back to their club for renewing their memberships. Each team would need to submit, in writing, to the membership chair a request for reimbursement.

Shane then proposed having a checkbook for our USATF account locally. With how slow mail is out of Ephrata and the issues with getting checks to people or businesses in time (through no fault of Lana's), he proposed having a checkbook locally in town to be able to cut important checks in a timely manner. Motion was moved and seconded and carried unanimously.

Jeff Schaller then asked about our association championships and what was the date of the championships as no club has stepped up to volunteer to host this meet. The group agreed that June 13 will be the date with the location to be TBA. Mike Hinz asked to have a mass email sent out to all our teams, asking for a volunteer team to host the meet as our bylaws state teams are given first opportunity to bid on hosting the meet before the association as a whole runs it. Chris said he would send out the e-mail. Chris did state that if no team wants to host the meet that he will be asking teams to help out hosting.

Chris then introduced our equipment Manager, Curt Ransford, to give us an overview of what state our equipment is in and what we needed to replace. Curt did state with what we have, we are in pretty good shape, but we did need a 300' measuring tape, which Shane said he had one and would donate to our arsenal of items. Shane did bring up that it may be time to relocate our equipment because trying to get hold of Curt has been difficult. Chris then asked about storage of the items at a central location to help alleviate only one person having access, such as a storage unit. Kim Kutsch brought up maybe having a trailer. She stated by the amount we would be paying in rental fees, we could purchase a trailer. Chris stated some people, like himself, could not transport/move the trailer. This was postponed for another meeting to discuss.

Chris then reminded the whole group that he had sent an email to think of items we need to purchase as an association to have in arsenal of items available for teams to checkout. Items asked for were:

- Racewalk paddles
- A finishline clock
- Ice Submergent for medical
- Chrono watches (x2) with lap/split button
- Walking wheel
- Mile Marker signs
- Portable finishline
- Orange Construction cones
- Arrow signs
- Safety vests for volunteers
- Stakes for flagging
- Tool Kit

- T-Post Pounder
- Caution tape
- Spray paint

David Kolva asked to have this list put on the website, so if we had a donor who wanted to provide the association with any of the above items, we could see what was needed. Chris said he would do that.

Shane the informed the group the date of officials training is March 14 @ SCC in room 132 @ 11AM.

Mike Hinz then asked for a date for the next meeting and that will be at the Association Championship meeting (June 13th @ Central Valley High School) at the conclusion of the meet.

The meeting was adjourned at 4:10PM

Minutes respectfully submitted by Chris Lowe, Secretary