

**Inland Northwest Track & Field Board Meeting**  
**Sunday, March 13, 2016**  
**Spokane Community College, Building 5 Room 147**

Meeting was called to order by President Shane Sorey at 10:12AM

In attendance: Chris Lowe, Mike Hinz, Shane Sorey, Andy Clark, Jacob Clark, Drew Lopez, David Schneckloth, Jim Peterson

Shane reviewed previous meeting minutes. Then asked for an approval and second, motion passed

### **Board Reports**

**President Report-** Shane said our association is solvent financially. Shane said we have some items to work on in order to get our accreditation for the year. Mike Hinz asked about whether this year has been better, being that they have changed the accreditation requirements and both Chris and Shane said no. Chris did bring up on the report that it said they want our logo to say Inland NW instead of Inland Northwest. Mike Hinz said someone at the national office misunderstood this- on our website it says Inland NW instead of spelling it out "Inland Northwest." Shane said the \$500 we paid to the USATF national office for the website is going to be reimbursed. The national office is going to be taking over doing the website. Our association has 75 officials in our association, sanctions is down a little bit year to date. Our association needs to make sure that if someone is being reimbursed for items for a meet that it is stated as such on the check. If it does not state it, then it needs to be taxed. There will be a \$20,000 money available from the national office to help associations to get people to the national office. A question came up about what qualifies a "Small Association?" Mike Hinz said it's a grant system and you have to apply. There is a \$500 marketing grant. We get this almost every year. There is also another \$500 grant to help promote club membership. Forms have not come out yet. There is also club assistance grant of \$2000 for purchasing equipment, etc. No forms out yet.

**Finance-** Chris reviewed the reports. He said that we have transitioned over to quickbooks to do all our financial stuff. Our new Finance person is working out well. Chris did mention that on our report, we are in the negative on our net revenue. We need to start generating more income and Chris said he has several items that should get us into the positive. Overall, we are solvent in the positive. We have \$28,485.80 in the bank.

**Regional Coordinator-** Mike does not have much to report on. Last November, Mike went to Wyoming and talked to a gentleman who was interested in starting the Wyoming association back up. Mike did mention that we swapped over to Exact Target for a big blanket email. Chris mentioned it's going ok, but for some reason the database is not generating and putting new members into the database.

**Youth-** Chris reviewed what happened at the national convention. He mentioned that the turbo jav has been approved as the official javelin starting in 2017. He also mentioned the official meet software for scoring meets is now Meet Pro and also mentioned that registration for meets has changed but they have not mentioned what website will do the registration.

**Membership-** Chris received a report from Kim Kutsch that our membership numbers are up a little bit from this time last year. As of March 5: 188 youth members and 167 adults for a total of 355 members. Total members in 2015 was 812.

**Sports Medicine- Anti Doping-** In Drew's report, there is a link to the new drugs that are banned in USATF. With regards to drinks with caffeine, they did a study. He said they found bone fractures are a lot more related to soda drinks/caffeinated drinks. Caffeine is diuretic. Drew talked about the AED. He said he has not looked at it yet. He will look into it. He then talked about the consent to treat. He brought it up at the national convention. They have it at the national meet, but not at the local level. Chris or Shane to talk to Essix (the insurance company for USATF) about how to proceed with this. Chris asked about the ice bath. Drew said he will get his full list of items together and sent in.

**Substance Abuse-** A lot of items that Drew talked about also were covered in this group at the national convention. Jim mentioned we really need a MUT person to take on this board position. Jim was looking at a Grand Prix event but he cannot find any results from any sanctioned event. Chris mentioned it should be the responsibility of the sanction coordinator. Shane mentioned that it's a real tough deal to keep on top of this.

### **Old Business**

Splitting Association meet- Chris voiced a concern over trying to run a meet that is Open/Masters/Youth/Para by himself. That is 2 big meets back to back. Shane mentioned to setup a conference call with Jeff, Chris Shane, Mike Hinz and Theresa.

### **New Business**

**Board Position/Job Descriptions-** Shane has talked with several other association is job descriptions. He mentioned that we can't expect people to perform a job unless they have a guideline to follow. The group agreed we should have job descriptions.

**Growing our Association-** Shane would like to see us grow by 10%

**Term Limits for President-** Shane would like to have term limits for the office of president. Mike Hinz mentioned we would have to change our bylaws. Mike voiced he doesn't like having term limits because if you don't get someone to run, then what?

**Recruiting-** Shane encouraged recruiting people to be on the board or to help our association. Mike mentioned having everyone at our board meeting in January to recruit one person to attend this meeting. There is always a committee to could use more help. Shane mentioned he is looking for a contact down in the Wenatchee Area- Ken Kimes is a name Mike Hinz said to call.

**Forms-** Chris Lowe reviewed forms that he has developed in order to help the association run smoothly. These forms will be reviewed at our association meeting in September.

**Purchasing Requests-** It's Shane's request to have all purchases approved at a board meeting, rather than having surprise purchases and no one on the board was aware of them. With that said, Chris asked to have the following purchases:

We get \$500 to spend in marketing. Our association has a need for another 10x10 popup tent, but they cost \$550, which means our association would have to spend \$50 to cover the amount above what

USATF national is providing us. Motion was to approve spending an extra \$50 to get another popup tent. Motion was made, seconded and approved unanimously.

Chris requested a purchase of Meet Pro. The youth committee at the national office has moved over to meet pro as the official software for scoring meets and therefore, our association is to make this move as well. The cost is \$250 to make this transition. Motion was made to purchase Meet Pro, seconded and approved unanimously.

Chris made a request to purchase fencing that has our USATF logo on it for cross country as well as the same fencing could be used to mark the sectors for Javelin and Discus. Mike Hinz made a request to postpone this purchase until the annual association end of year meeting.

Chris ask to purchase sweatshirts for our club coaches as a way to say thanks for coaching in our association and also a way to get our name out there. Mike Hinz felt this was not the best use of funds to try and get our name out. Shane did mention we get an advertising grant on top of the \$500 marketing grant and recommended we use that for getting our name out

**Volunteer of the year-** Each year, the national office asks each association to nominate a volunteer of the year person. Shane and Chris met and agreed that based off the time she has given to the association as well as taking on the association and regional championships for cross country that our volunteer of the year award goes to Kate Samuelson. Congratulations!

**Awards-** Chris mentioned that he wanted to give out awards every year to a coach of the year, athletes of the year, etc to recognize these athletes and they would be nominated by and voted on by the coaches.

**Upcoming meets-** Chris mentioned we have the Association championship meet and the J.O. championship meet coming up on June 11 for Associations and June 17-18 for J.O's. He will need help with both.

Next meeting will be June 11 at Central Valley High School directly after the meet is over in the bleachers.

Meeting adjourned at 12:00PM

Respectfully Submitted- Chris Lowe, Secretary